

January 2012

Caregivers of Kern County- AB12- Fostering Connections to Success (Extended Foster Care Age Limit)

January 4, 2012 6:30 p.m- 8:00 p.m

Instructor: Dan Miller, ILP Supervisor

The goal of this class will be to provide the following: an overview about Assembly Bill 12 (AB 12), information about who is eligible and how to maintain eligibility, and information regarding the different placement options available under AB12.

Matching the Placement to Your Family

January 17, 2012 5:30 p.m- 7:30 p.m

Instructor: Kelley Rockfellow, KCDHS and Kathrine Parnell, Aspira

You have made the decision to become a foster parent. How will you know if the child placed in your home will be a good fit with you and your family members? Learn what can be done to ensure a good match and smooth transition.

Gay & Lesbian Issues *Includes AB458

January 17, 2012 7:30 p.m- 9:30 p.m

Instructor: Lori Toia, PFLAG Representative

This class provides an overview of gay/lesbian issues in general and in our society. Information concerning specific problems of gay/lesbian youth, (depression, isolation, confusion, and rejection from friends and family) especially in our local setting is provided as well as specific ways responsible adults can help children in their care who are or might be gay/lesbian. Includes information on AB458- The California foster Care Non- Discrimination Act.

Communicable Diseases Including Head lice and MRSA- *SB500 Applicable- *Spanish Translation Available

January 24, 2012 5:30 p.m- 7:30 p.m

Instructor: Liberty Fordham, KCDOHP Nurse

Learn who gets head lice and how. Find out what to look for and what to do to get rid of the lice and nits in the home. Discover which pediculicides work the best. Is MSRA a “super bug” infection? Find out what MRSA is, how it spreads, and how it is treated.

**CSI Interrupted (Cyber Bullying, Student Bullying, and Internet Dangers: Interrupted)-
*Spanish Translation Available**

January 24, 2012 7:30 p.m – 9:30 p.m

Instructor: Michaela Beard, BPD Crime Prevention Unit

This class was designed for parents to help children in a bullying situation. It goes over recognizing what bullying is, what to do in a bullying situation, and how to prevent it. This encourages adults to take an active role in their children’s lives in regards to social networking and internet safety. This course will also educate adults on the laws regarding online issues and sexting.

February 2012

Caregivers of Kern County- Building Relationships

February 1, 2012 6:30 p.m- 8:00 p.m

Instructor: Maria Bermudez, KCDHS Foster Care Ombudsman

TBA

Child Abuse Laws & Reporting- What, When, and How to Report It

February 7, 2012 5:30 p.m- 7:30 p.m

Sherri Redding, KCDHS Social Worker

Learn when, how, and to whom you report suspected child abuse. Identify possible physical signs of abuse. Know your responsibility to personal and mandated prevention, identification,

and reporting to the proper authorities. Learn techniques for non-physical behavior modifications.

Parenting Children with Emotional Health Issues (Anger Management)

February 7, 2012 7:30 p.m- 9:30 p.m

Instructor: Sabrina Sherrill, MFT

Behavior that is problematic in other children is often expected or considered normal in foster children. Find out what this behavior is and how it relates to the emotions of foster children who are dealing with placement issues. How will your birth children be affected when foster children are placed in the home?

Shaken Baby Syndrome & Sudden Infant Death Syndrome *SB500 Applicable

February 21, 2012 5:30 p.m- 7:30 p.m

Instructor: Monique Moreland, KCDOH Nurse

What is shaken baby syndrome and why are infants vulnerable to the injuries that occur when someone shakes them? Understand the risks of shaking infants. Learn what risk factors contribute to Sudden Infant Death Syndrome, and acquire some tools to eliminate risk factors.

Sexuality Issues for Children & Teens in Foster & Kinship Care

February 21, 2012 7:30 p.m- 9:30 p.m

Instructor: Karen Cooley, Exec. Director Haven Counseling

Do you want to talk to the children in your care about sexuality but are not sure where to start? Learn communication skills for initiating and holding conversations about sexuality with the children in your care. Gain a more thorough understanding of the emotional and physical changes that occur during puberty. Learn to identify age appropriate sexual behaviors.

March 2012

Foster Parent Community Resources

March 6, 2012 **5:30 p.m- 7:30 p.m**

Instructor: Rachelle Chaney, KCDHS Supervisor

Learn what resources are available to assist in the aid and care of foster children. Find out what information is available to help foster parents deal with issues, behaviors, and illnesses the children may experience in foster care.

CASA- Court Appointed Special Advocates Helping Children and Families

March 6, 2012 **7:30 p.m- 9:30 p.m**

Instructor: Mickey Heppe & Janet Shaw, CASA

The Court Appointed Special Advocates (CASA) of Kern County speaks for abused & neglected children in the juvenile dependency process. Through the use of highly trained volunteers, the CASA program seeks to provide every child who needs an advocate with a voice in the court process.

Caregivers of Kern County- ADHD- Signs, Symptoms, and Help

March 7, 2012 **6:30 p.m- 8:00 p.m**

Instructor: Dian Schneider, Resource Specialist H.E.A.R.T.S Connection

Learn how to recognize the symptoms of ADHD in children. This training will help you understand the causes of ADHD, and the behavior issues of ADHD. Management of children at home and at school informed of appropriate treatment modalities, and what natural help is available.

Drug Babies & Fetal Alcohol Syndrome

March 13, 2012 **5:30 p.m- 7:30 p.m**

Instructor: Barbara Blaine, Susan McArthur, and Barbara Fowler, KCDOPH Nurses

Understand the myths of the drug baby culture, and why attachment and bonding issues are important for the family and school system, as well as the impact these children have on the community. Realize the individual needs of these children who have been born into an uncertain

future with no predictable outcome. Discover the known milestones for typically developing children vs. the indicators for when children are at risk due to drug and alcohol exposure.

Allegations- What to do When an Investigator Knocks

March 13, 2012 7:30 p.m- 9:30 p.m

Saundra Matlock, KCDHS Social Services Supervisor

This class outlines Title 22 regulations regarding complaint investigation. Learn how to deal with a complaint investigator, report unusual incidents, and handle a “non-compliant conference.” Learn how to address and protect yourself and your family against allegations.

April 2012

Caregivers of Kern County- Verbal De-escalating/ Redirection Techniques

April 4, 2012 6:30 p.m- 8:00 p.m

Instructor: Cherilyn Price, LCSW KCDHS Adoptions Supervisor

TBA

Infant Development/ Toddler Development Discipline and Safety *SB500 Applicable

April 10, 2012 5:30 p.m- 7:30 p.m

Instructor: Diane Sousa, Site Supervisor BC Child Development Center

Learn to identify expected physical and emotional growth in infant/ toddler (birth to two years of age). Recognize common behaviors in children, why these behaviors happen, and positive ways to correct unwanted behaviors. Develop strategies for keeping infants/ toddlers safe as they grow and explore their new world.

Parenting Traumatized Children

April 10, 2012 7:30 p.m- 9:30 p.m

Instructor: Sabrina Sherrill, MFT

This class will go over the causes of childhood trauma in foster youth as well as some of the behavior challenges/ emotional issues resulting from childhood trauma. It will show some parenting methods and resources for dealing with traumatized children.

SB 500 Whole Family Home

April 14, 2012 8:00 a.m- 5:00 p.m

This class was designed to teach foster parents what it really means to have a whole family home. This class will go over how a foster parent should model responsibility and parenting skills as well as how to co-parent with a teen mother. It will also go over the challenges and importance of the “Shared Responsibility Plan.”

Understanding Respite Care (SCIAP)

April 17, 2012 5:30 p.m- 7:30 p.m

Instructor: Maria Bermudez, KCDHS Ombudsman and Licensing

TBA

Resources for Raising Teens (Including Pregnant and Parenting) When A Child Leaves Your Home *SB500 Applicable

April 17, 2012 7:30 p.m- 9:30 p.m

Instructor: Stacy Loyd, KCDHS ILP Social Worker

How do we prepare the children in our care for emancipation? Learn what programs are available for youth throughout Kern County. Learn what the needs of youth in permanent placement are and how they differ from the needs of emancipated youth. Discover what emancipation services are available in Kern County for these youths.

May 2012

Pregnancy, Pre-Natal Care, and Resources *SB 500 Applicable

May 1, 2012 5:30 p.m- 7:30 p.m

Instructor: Michelle Curioso, KCDOPH Maternal Child Adolescent Health Coordinator, Foster Parent & Foster Youth

Pregnancy can be a difficult time especially if the new mother is a teenager. Find out the importance of pre-natal care and what special needs mothers have. Discover what resources are available to help stay healthy and find financial assistance and support for mother and baby. This is a valuable training for foster parents.

Working Successfully with Teen Parents *SB 500 Applicable

May 1, 2012 7:30 p.m- 9:30 p.m

Instructor: Stacy Loyd, KCDHS ILP Social Worker

Being a teen parent is a challenge. How can we as resource families help the youth in our care weather the storm? Learn to identify communication and relationship challenges and how to work with the young parent to establish clear dialogue and boundaries. Find out why a shared responsibility plan is important and how to create one. Learn ways to address the challenges of being a whole family home.

Caregivers of Kern County- Peer Pressure/ Bullying

May 2, 2012 6:30 p.m- 8:00 p.m

Instructor: April Dominguez, KCSOS Prevention Programs

TBA

Type 1 Diabetes

May 8, 2012 5:30 p.m- 7:30 p.m

Instructor: Monique Moreland, KCDOPH Nurse & Kara Burton

TBA

Nutrition & Obesity Prevention

May 8, 2012 7:30 p.m- 9:30 p.m

Instructor: Rachelle Anzaldo, Registered Dietician Bakersfield Memorial Hospital

Nutrition has a lifelong effect on children's emotional, physical, and psychosocial well-being. Learn what factors contribute to overweight children and ways to incorporate good nutrition into your family's lifestyle.

June 2012

Caregivers of Kern County- Individualized Education Program (IEP) for Children in Your Care

June 6, 2012 6:30 p.m- 8:00 p.m

Instructor: Dian Schneider, Resource Specialist H.E.A.R.T.S Connection

In this training you will learn the importance of early intervention for children with special needs. Resources will be available for families with children with special needs in Kern County. This session will also cover the law and purpose of Early Start and the IFSP process, and how and who to contact to make a referral. As well as qualifying conditions for services and resources available for IEP.

